

Hitting The Crash

Common Crash Patterns

♩ = 60 - 180

1) R

2) R

3) R R

4) R R

5) R R

6) R R

7) R R

8) R R

9) L R

10) L R R

11) L R L R

12) L R R R

8 Bar Exercise

Sixteenth Note Fill Durations 1

Starting on an Eighth Note

♩ = 60 - 180

1) R L R L R L R L R L R L R L R L R L

2) R L R L R L R L R L R L R L R L

3) R L R L R L R L R L R L R L R L

4) R L R L R L R L R L R L R L R L

5) R L R L R L R L R L R L R L R L

6) R L R L R L R L R L R L R L R L

7) R L R L R L R L R L R L R L R L

8) R L R L R L R L R L R L R L R L

Ultimate Drumset Warm Up

Play down the whole page non-stop. Repeat the exercise many times. Use alternating single strokes RLRL or LRLR etc... Start at 80bpm and aim for 200bpm

Once you have memorized the sequence, replace the 16th notes with 8th notes, 8th note triplets, 16th note triplets and 32nd notes when you have learn those sub-divisions

The image displays ten musical staves, each representing a measure of a drumset warm-up exercise in 4/4 time. Each staff begins with a treble clef and a 4/4 time signature. The notation consists of rhythmic patterns on a single staff, with stems pointing down to indicate drum hits. The patterns are as follows:

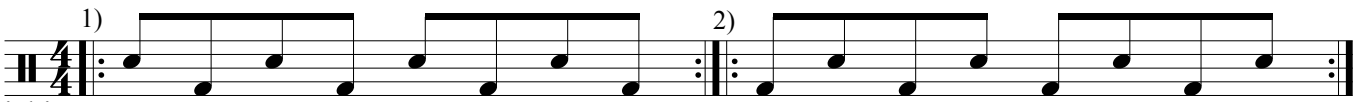
- Staff 1: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 2: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 3: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 4: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 5: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 6: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 7: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 8: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 9: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.
- Staff 10: Quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet, quarter note, eighth note triplet.

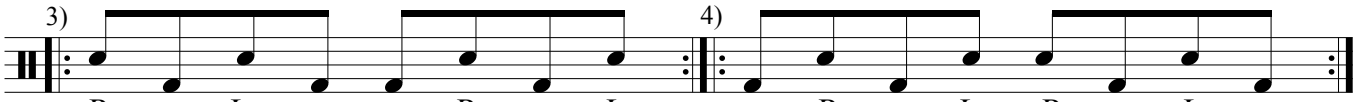
Eighth Note Co-Ordination Studies 1


Three-Way Linear Co-Ordination

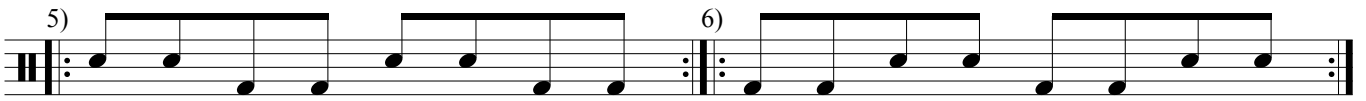
♩ = 60 - 280


Play these exercises using both stickings shown. For further practice, play the bass drum part with your hi-hat foot instead; if you have a double bass drum pedal, use that instead of the pedalled hi-hat.

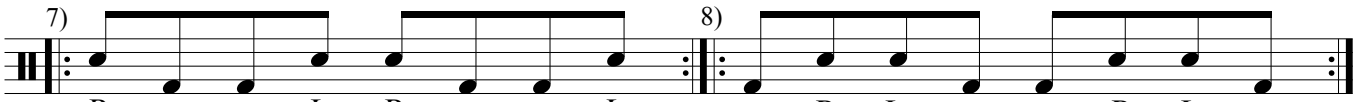
1) 
Sticking 1: R L R L R L R L
Sticking 2: L R L R L R L R


3) 
R L R L R L R L
L R L R L R L R

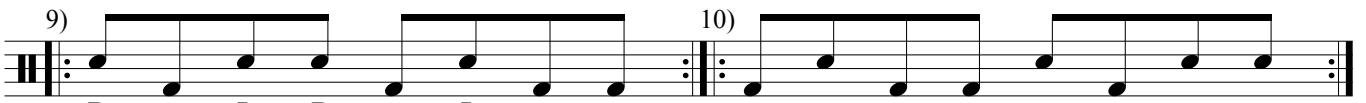
4) 
R L R L R L R L
L R L R L R L R


5) 
R L R L R L R L
L R L R L R L R

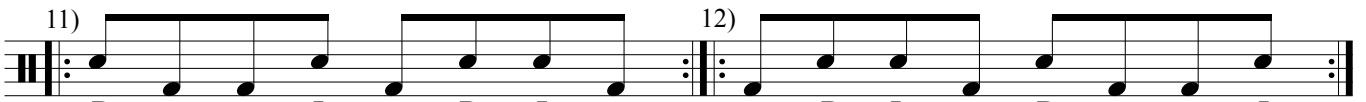
6) 
R L R L R L R L
L R L R L R L R


7) 
R L R L R L R L
L R L R L R L R

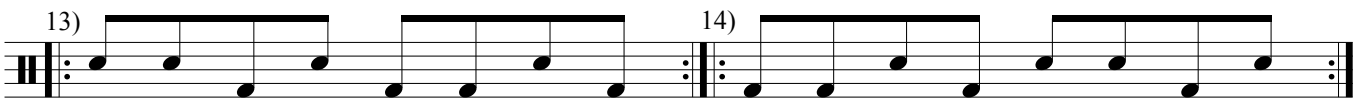
8) 
R L R L R L R L
L R L R L R L R


9) 
R L R L R L R L
L R L R L R L R

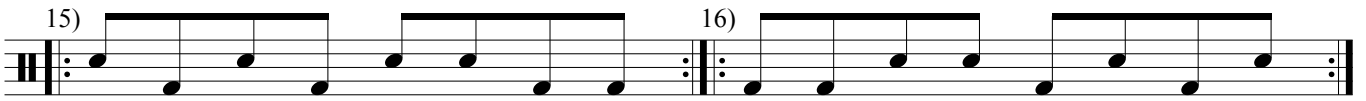
10) 
R L R L R L R L
L R L R L R L R


11) 
R L R L R L R L
L R L R L R L R

12) 
R L R L R L R L
L R L R L R L R

13) 
R L R L R L R L
L R L R L R L R

14) 
R L R L R L R L
L R L R L R L R

15) 
R L R L R L R L
L R L R L R L R

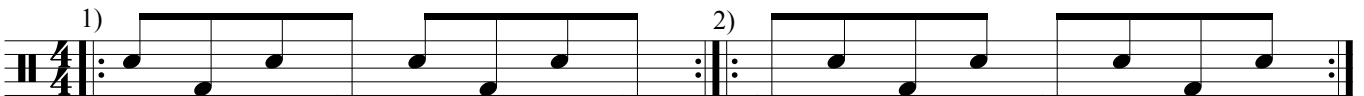
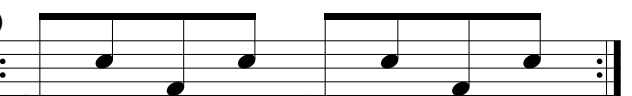
16) 
R L R L R L R L
L R L R L R L R

Eighth Note Co-Ordination Studies 2

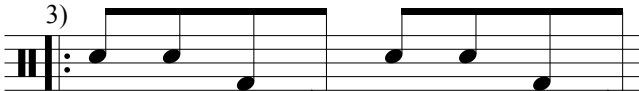

Four-Way Linear Co-Ordination

♩ = 60 - 280



Play these exercises using both stickings shown. If you have a double bass drum pedal, you can use that instead of the pedalled hi-hat.

1)  2) 

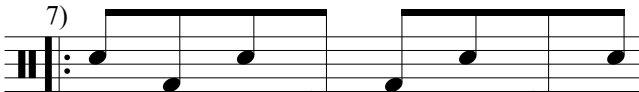

Sticking 1: R L R L R L R L
Sticking 2: L R L R L R L R

3)  4) 



R L R L R L R L
L R L R L R L R

5)  6) 



R L R L R L R L
L R L R L R L R

7)  8) 



R L R L R L R L
L L R L R L R

9)  10) 

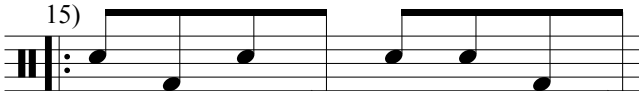

R L R L R L R L
L R L R L R L R

11)  12) 

R L R L R L R L
L R L R L R L R

13)  14) 

R L R L R L R L
L R L R L R L R

15)  16) 

R L R L R L R L
L R L R L R L R